

# TEAM PRACTICE & TOURNAMENT SCHEDULE



## PRACTICE:

Practices are at Medical Lake High School small gym\* 6-8pm

- JAN 20: MON
- JAN 23: THU
- JAN 27: MON
- JAN 30: THU
- FEB 3: MON
- FEB 6: THU
- FEB 11: TUE
- FEB 13: THU
- FEB 18: TUE
- FEB 20: THU
- FEB 25: TUE
- FEB 27: THU
- MAR 4: TUE
- MAR 6: THU
- **MAR 8: FREEMAN**
- MAR 11: TUE
- MAR 13: THU
- **MAR 15: COLFAX**
- MAR 18: TUE
- MAR 20: THU
- **MAR 22: WEST VALLEY**
- MAR 25: TUE
- MAR 27: THU
- **MAR 29: ALMIRA/COULEE**
- APR 1: TUE
- APR 3: THU
- **APR 5: COLVILLE**
- APR 8: TUE
- APR 10: THU
- **APR 12: JCMT**
- APR 15: AWARDS

Time and location subject to change at any time. Watch Heja app for practice announcements and updates.

## TOURNAMENTS:

Tournaments begin 9am, Wrestler check in 7am

Tournament Registration is \$10, JCMT Registration is \$15 (per wrestler)

Questions: Ask your coach or email [admin@matmaulerswrestling.com](mailto:admin@matmaulerswrestling.com)

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**Registration closes February 6, 2025**  
**[www.matmaulerswrestling.com](http://www.matmaulerswrestling.com)**